THE adventures&leisure
TANZANIA'S HOTEL AND TOURISM GUIDE
JAN - FEB 2016
www.adventuresandleisure.net
ISSN NO. 2408 8080
Free Copy Issue No. 4



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CHECK IN

KARIBU TENA

All our readers and esteemed customers, a very warm welcome to our first 2016 edition of the adventures and leisure magazine where a full guide of hotels and tourism is given with a proffessional eye.

Come along with us while we introduce to you the first and best **TTGA award event** to happen this year. Nevertheless valentine is around the corner where our did you know segment covers animals who shares affection and all other arrangements like humans the way they do on their valentines!

Dont stress, that's where we come in, amaze your **Valentine's Day** with your special one by spending the moment with one among the amazing hotels and restaurants found in the magazine.

With an enthusiast spirit of driving this year with enormous success towards hospitality industry, we welcome all stakeholders in hotel and tourism sector to perticipate fully with us on building a better future for our nation and the people within.

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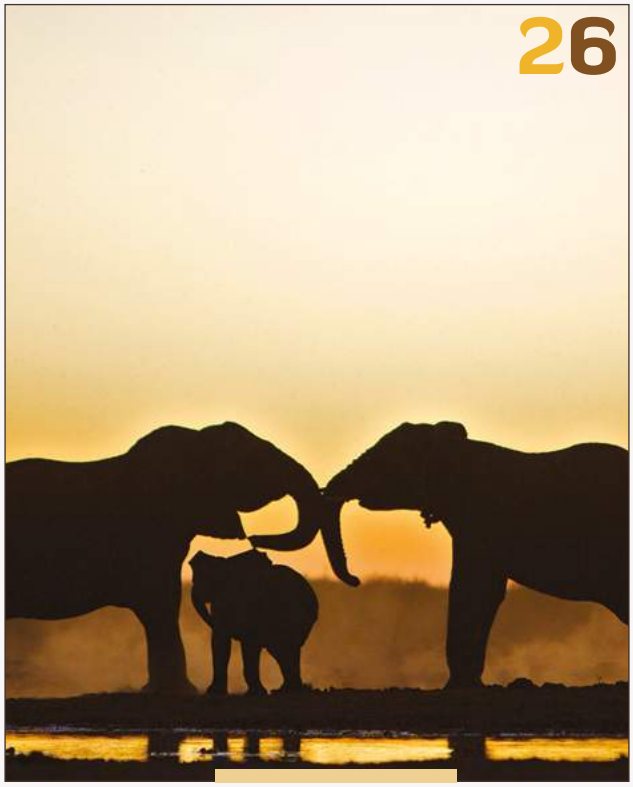
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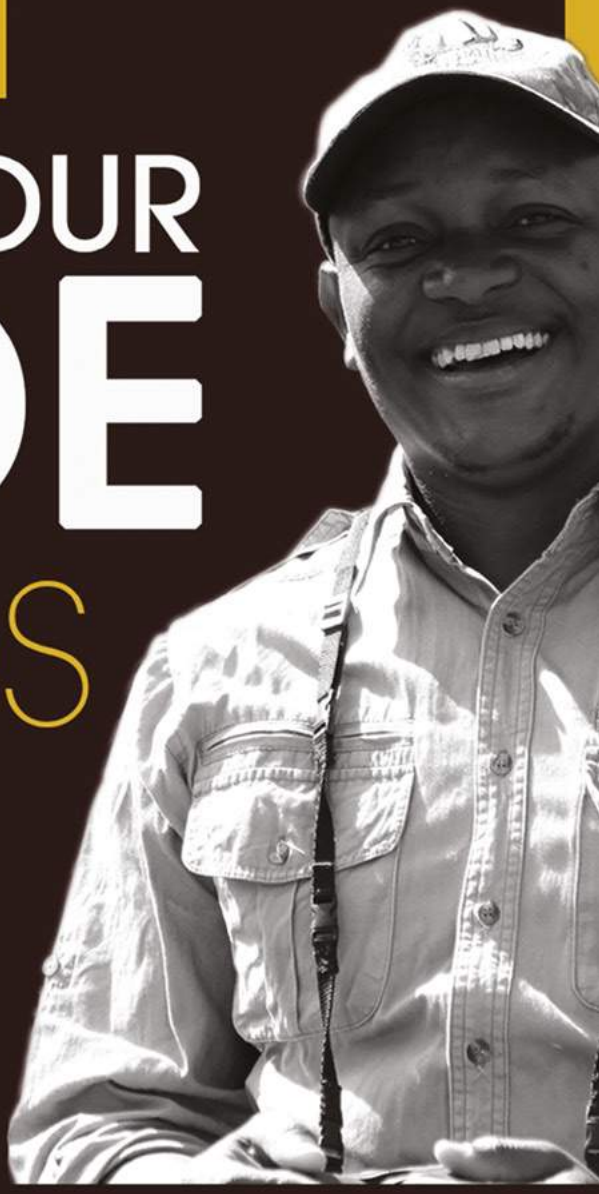






2016 TANZANIA TOUR GUIDE AWARDS

MAY 28th 2016



We are pleased to introduce the first ever Tanzania Tour Guide Awards Ceremony scheduled on 28 May 2016. Tanzania Tour Guiding Association (TTGA) is an umbrella organization, which represents the interests of all tour guides in Tanzania and is advocating to improve the working conditions and welfare of tour guides in Tanzania.

We are excited to announce that we reached a big milestone today: there are now more than 6,500 members in TTGA! While this is an exciting moment, we still have a long way to go to realize our vision of creating a better opportunity for every one of the 1,196,000 people in the tourism industry workforce in Tanzania. Voted as Africa's best safari country and ranked 7th on tourism and natural resources globally, Tanzania's tourism sector tops up all sectors in foreign exchange earner.

At TTGA we believe that everyone who goes on safari is helping to provide the tourist dollars that underpin wildlife conservation and also provide jobs for the thousands employed in the tourist trade that is so vital to the well-being of our country. Without it the whole conservation effort will simply fall apart, if we abandon tourism, we abandon conservation; we abandon to recognise the role tour guides plays in the fields.

The realization of vision on double tourism growth 2025 should not undermine the role played by the tour guides. There is no bigger marketing and branding than recognizing and empowering the tour guides.



TANZANIA TOUR GUIDE AWARDS

"Celebrating the Unsung heroes of our nation"

toursguideawards email: awards@toursguideawards.org

It is the tourists who come to us with their desires and expectations. Do we fulfill them? As the true and deserving ambassadors of the country, we hold in our hands the opportunity to make or break the dreams and fantasies that people have of Tanzania. During this time we are their guide, teacher, protector, friend, doctor, porter, courier, storyteller, cook, dishwasher and chores goes on. Our basic principle is the desire to work with people for many hours of the day, a positive attitude, and enquiring mind as well as a genuine love and appreciation for all things wilderness (nature) has to offer.

What makes a great guide?

While the experts will tell you, the single most important factor in having a great safari is the guide. However, what makes a great guide is a difficult question to answer, because each of tourists has his/her own idea of the role expecting a guide to fill. Guiding job is much like politics and religion.

There are basic principles, but many varied opinions and different viewpoints. For us with time; comes maturity and experiences and we all learn every single day. A bush University! This is very important when it come to getting the best out of your guide. It is a 2-way relationship and each has to play their part. But perhaps what makes a good guide is also what makes a good friend; someone whose company you enjoy, who can surprise and delight you, whose advice and comfort you can seek, but who also knows when to leave you in peace.

There are no guidebooks, encyclopedia and not even search engine beats a person with local knowledge and know-how; but however knowledgeable that person, is

he or she someone with whom you really want to spend all or part of your eagerly anticipated holiday.

We at TTGA understand how important the guides are to the tourism industry, and how tough the job can be. To recognise these hard working guides, we are hosting the inaugural award ceremony to honor the 'Tanzania Guide of the Year', which will be awarded to the guide who receives the most of the members' votes and endorsements in each category from the stakeholders as per our terms and conditions.

Awards for these areas are intended to recognise guides who change lives, conserve nature, focus on goal attainment, error reduction, community engagement, process improvement, waste reduction, satisfaction rating improvement, and more.

Often, these awarding programs are tied to customerfeedbackormanagerrecommendations, but TTGA does not underestimate the value of peer recognition. The Tanzania Guide of the Year Award will recognise an outstanding ambassador and hospitality provider for reaching significant goals, exceeding expectations, and for delivering exceptional service. By creating a culture of accountability within TTGA, and honoring guides for their exceptional service, we hope to also raise awareness to the variety of quality tourism opportunities available in Tanzania.

How

TTGA members will nominate colleagues via the award ceremony website. Criteria for the award were decided by the Award Ceremony Committee, and were based on qualities and skills that are in accordance with the TTGA Code of Ethics. Metrics include training completion, attitude towards peers and clients, customer satisfaction, level of work activity, contributions toward TTGA, community engagement and leadership.

Why do Tour guides, porters and cooks need an honor?

The inaugural Tanzania Tour Guide Awards will offer an opportunity to share the stories and positive experiences that highlight the value that guides, cooks and porters bring to a traveler's journey. Tanzania Tour Guide Awards are intended to acknowledge the significant efforts of the tour guides, cooks, and porters that are often overlooked by the more common tourism award programs such as Miss Tourism Tanzania, Tanzania Tourism Journalist Award and Best Tour Company Award.

Interpreting the complex science terminologies into a simple everyday language is a task of our daily chores...



2016 TTGA AWARDS

By introducing the Tanzania Tour Guides Awards, our hope is to not only honor guides delivering exceptional service, but to also set a higher bar of accountability, community engagement and ethical standards within the tourism industry.

TTGA hopes this Award Ceremony will not only give individual merits but also spotlight the good work of companies and the national tourism image at large.



Award Categories:
The Tanzania Tour Guide Awards Ceremony will offer awards in four categories:

- **Safari Guide of the Year**
- **Mountain Guide of the Year**
- **Porter of the Year**
- **Cook of the Year**

Each of these groups contributes to the success of the Tanzania tourism industry, and we are pleased to offer an opportunity to acknowledge and honor their efforts. Our hope is that the recognition that TTGA and its partner sponsors will offer at this inaugural Award Ceremony will be a source of motivation and inspiration not only to the individuals nominated, but to all that are in attendance and working within the industry.

Nominations will be collected through the Award Ceremony website, and will be analyzed by the Award Ceremony Committee. The top three nominees in each category will be added to the ballot for TTGA members to vote on who they think should be the Tour Guide of the Year.

The nominee, who has the most votes in each category, will be announced and presented with an award at the Tanzania Tour Guide Award Ceremony on May 28, 2016.

Why should sponsor the Awards Ceremony?
We hope this award will not only give an individual merits but the company and national tourism image at large. We are anticipating an event hosting around 400 people including VIPs, delegates, tourism specialists, international media and those at home will benefit from the live broad cast.

The nomination period opens on **24 January 2016, and will close on 14 February 2016.**
You can nominate and vote through the Awards website: **www.tourguideawards.org** or email at **events@tourguideawards.org**

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DRINKING WATER SAFETY

BY THE INDEPENDENT TRAVELER



Nothing ruins a good trip like getting sick -- and we're not talking about a few extra bathroom stops. Contaminated drinking water is one of the leading sources of health problems for travelers, and can cause anything from mild gastrointestinal distress to serious bacterial diseases.

The most common cause of water-borne illness is bacteria, such as E. coli, cholera and salmonella, but illness can also be caused by protozoa (including giardia and cryptosporidium), viruses (like hepatitis A, polio and rotavirus) and chemical pollutants.

In many cases, travelers become ill simply because the pathogens in the water are foreign to their immune systems, while locals have adapted to the water supply and can drink it without problems.

The best way to protect yourself is to avoid local tap water and instead seek out bottled water; when that's not available, boiling tap water generally kills most micro-organisms, and there are a number of good water filters and purification tablets that can easily be stowed in your carry-on.

Read on for tips on how to keep yourself safe, healthy and well-hydrated on your next trip.

WHAT (NOT) TO DRINK

WHAT TO DO IF YOU GET SICK

WHEN TO DAMN THE TORPEDOES

What (Not) to Drink

Bottled water is generally safe, but only in sealed, tamper-proof containers. Ask someone at your hotel to recommend a reliable local brand.

In addition to bottled water, you'll usually be safe drinking tea, coffee, canned soda and juice, beer, wine, and other alcoholic drinks.

Prolonged exposure to higher temperatures will kill many parasites. Drinking from a hot water bottle is slightly safer than drinking untreated cold water.

You don't need to drink contaminated water to be exposed; always consider alternate sources of exposure, like the water you use to brush your teeth, or to wash your contact lenses or dentures. Be sure to use bottled, boiled or purified water for these purposes as well.

Freezing water does not kill bacteria. A margarita on the rocks may sound appealing, but ice cubes present the same problem that tap water does. You can make your own ice if you boil the water first.

Avoid food that may have been rinsed in contaminated water, such as salad and fresh fruit.

What to Do If You Get Sick

Symptoms of water-borne illness generally include diarrhea, vomiting, nausea, fever, aches and/or chills. These symptoms will usually clear up on their own after a few days; if they worsen or are very severe, seek medical attention. Otherwise, try to stay hydrated with sports drinks, boiled or bottled water, or other safe fluids (steer clear of alcohol and caffeinated beverages, both of which can make dehydration worse). Oral rehydration salts and anti-diarrheal medications may also be helpful.

When to Damn the Torpedoes

If the locals are drinking the tap water without ill effect, there is no known occurrence of giardiasis, and you are going to be staying in one location for four weeks or more, you may want to drink the water to allow your body time to acquire some of the local microbes. Start slowly and let your body adapt.



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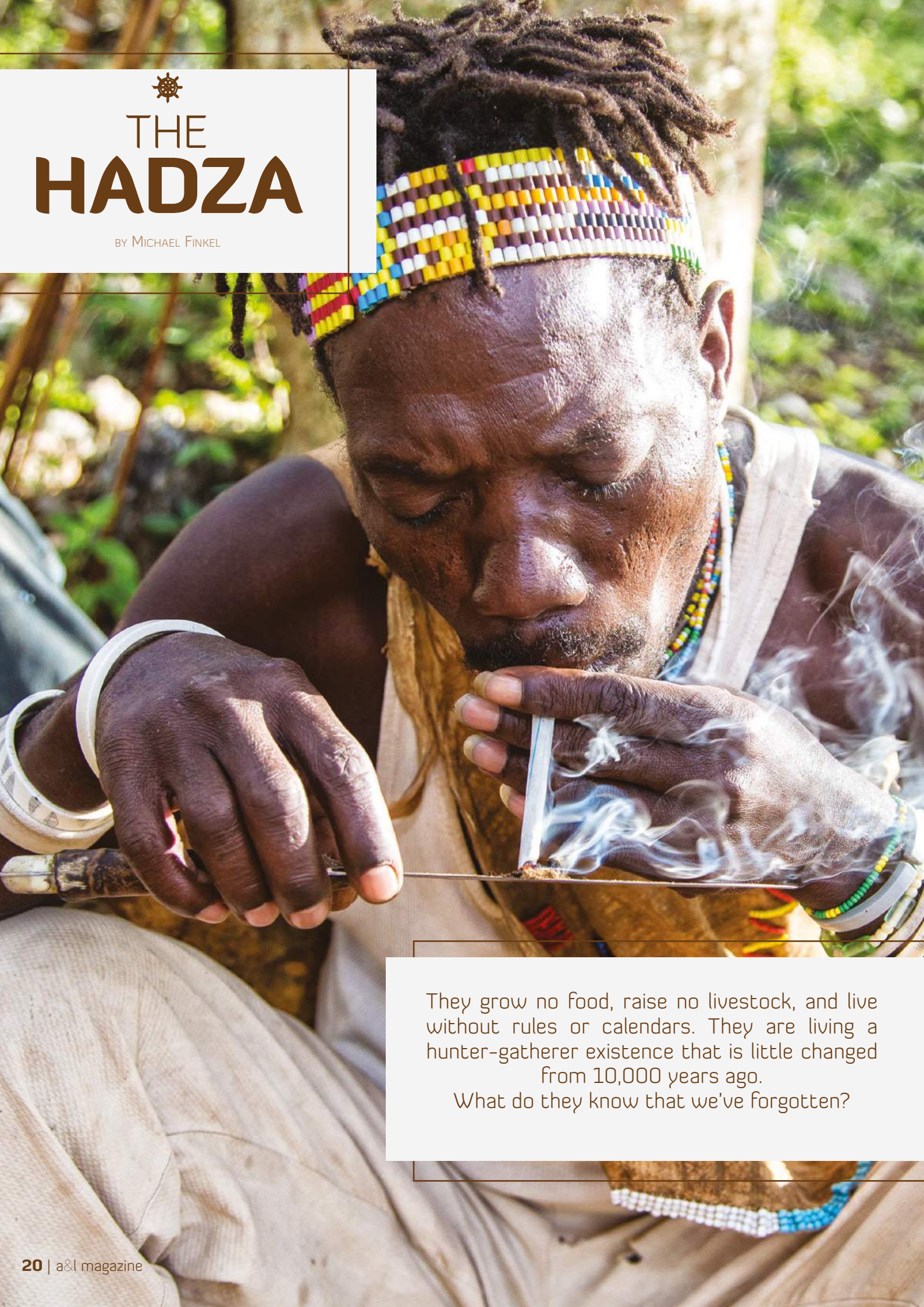
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THE HADZA

BY MICHAEL FINKEL



They grow no food, raise no livestock, and live without rules or calendars. They are living a hunter-gatherer existence that is little changed from 10,000 years ago.
What do they know that we've forgotten?



...CONTINUES

People sleep whenever they want. Some stay up much of the night and doze during the heat of the day. Dawn and dusk are the prime hunting times; otherwise, the men often hang out in camp, straightening arrow shafts, whittling bows, making bowstrings out of the ligaments of giraffes or impalas, hammering nails into arrow¬heads. They trade honey for the nails and for colorful plastic and glass beads that the women fashion into necklaces. If a man receives one as a gift, it's a good sign he has a female admirer.

There are no wedding ceremonies. A couple that sleeps at the same fire for a while may eventually refer to themselves as married. Most of the Hadza I met, men and women alike, were serial monogamists, changing spouses every few years. Onwas is an exception; he and his wife, Mille, have been with each other all their adult lives, and they have seven living children and several grandchildren. There was a bevy of children in the camp, with the resident grandmother, a tiny, cheerful lady named Nsalu, running a sort of day care while the adults were in the bush. Except for breast-feeding infants, it was hard to determine which kids belonged to which parents.

Gender roles are distinct, but for women there is none of the forced subservience knit into many other cultures. A significant number of Hadza women who marry out of the group soon return, unwilling to accept bullying treatment. Among the Hadza, women are frequently the ones who initiate a breakup—woe to the man who proves himself an incompetent hunter or treats his wife poorly. In Onwas's camp, some of the loudest, brashest members were women. One in particular, Nduku, appointed herself my language teacher and spent a good percentage of every lesson teasing me mercilessly, often rolling around in laughter as I failed miserably at reproducing the distinct, tongue-tricky clicks.

Onwas knows of about 20 Hadza groups roaming the bush in his area, constantly swapping members, like a giant square dance. Most conflicts are resolved by the feuding parties simply separating into different camps. If a hunter brings home a kill, it is shared by everyone in his camp. This is why the camp size is usually no more than 30 people—that's the largest number who can share a good-size game animal or two and feel decently sated.

I was there during the six-month dry season, May through October, when the Hadza sleep in the open, wrapped in a thin blanket beside a campfire—two to six people at each hearth, eight or nine fires spread in a wide semicircle fronting a brush-swept common area. The sleep groupings were various: families, single men, young women (with an older woman as minder), couples. During the rainy season, they construct little domed shelters made of interwoven twigs and long grasses: basically, upside-down bird's nests. To build one takes no more than an hour. They move camp roughly once a month, when the berries run low or the hunting becomes tough or there's a severe sickness or death.

No one sleeps alone in Onwas's camp. He assigned his son Ngaola, the one who had waited a few days by the tree, to stay with me, and Ngaola recruited his friend Maduru to join us. The three of us slept in a triangle, head to toe to head around our fire, though when the mosquitoes were fierce, I slept in my tent.

Ngaola is quiet and introspective and a really poor hunter. He's about 30 years old and still unmarried; bedeviled, perhaps, by the five-¬baboon rule. It pains him that his older brother, Giga, is probably the most skilled archer in camp. Maduru is a solid outdoorsman, an espec¬ially good honey finder, but something of a Hadza misfit. When a natural snakebite remedy was passed around camp, Maduru was left out of the distribution. This upset him greatly, and Onwas had to spend an hour beside him, an arm slung avuncularly over his shoulder, calming him down.

Maduru is the one who assumes responsibility for me during the nighttime baboon quest. As we move through the bush, he snaps off eye-level acacia branches with thorns the size of toothpicks and repeatedly checks to make sure I'm keeping pace. Onwas leads us to the hill where he'd seen the tree full of baboons.

Here we stop. There are hand signals, some clipped chatter. I'm unsure of what is going on—my translator has remained back at camp. The hunt is only for men. But Maduru taps me on the shoulder and motions for me to follow. The other hunters begin fanning out around the base of the hill, and I tail Maduru as he plunges into the brush and starts to climb. The slope seems practically vertical—hands are required to haul yourself up—and





the thickets are as dense as Brillo pads. Thorns slice into my hands, my face. A trickle of blood oozes into my eye. We climb. I follow Maduru closely; I do not want to become separated.

Finally, I understand. We are climbing up, from all sides, toward the baboons. We are trying to startle them, to make them run. From the baboons' perch atop the hill, there is no place to go but down. The Hadza have encircled the hill; therefore, the baboons will be running toward the hunters. Possibly toward Maduru and me.

Have you ever seen a baboon up close? They have teeth designed for ripping flesh. An adult male can weigh more than 80 pounds. And here we are, marching upward, purposely trying to provoke them. The Hadza are armed with bows and arrows. I have a pocketknife.

We move higher. Maduru and I break out of the undergrowth and onto the rocks. I feel as though I've emerged from beneath a blanket. There is a sickle of moon, a breeze. We are near the summit—the top is just over a stack of boulders, maybe 20 feet above our head. The baboon tree is up there, barely out of eyesight.

Then I hear it—a crazed screeching sound. The baboons are aware that something is amiss. The sound is piercing, panicked. I do not speak baboon, but it is not difficult to interpret. Go away! Do not come closer! But Maduru clambers farther, up onto a flat rock. I follow. The baboons are surrounded, and they seem to sense it.

Abruptly, there's a new sound. The crack of branches snapping overhead. The baboons are descending, shrieking. Maduru freezes, drops to one knee, slides an arrow into position, pulls back the bowstring. He is ready. I'm hiding behind him. I hope, I fervently hope, that no baboons run at us. I reach into my pocket, pull out my knife, unfold it. The blade is maybe two inches long. It feels ridiculous, but that is what I do.

The screeching intensifies. And then, directly over us, in stark silhouette against the backdrop of stars, is a baboon. Scrambling. Moving along the rock's lip. Maduru stands, takes aim, tracking the baboon from left to right, the arrow slotted, the bowstring at maximum stretch. Every muscle in my body tenses. My head pulses with panic. I grip my knife.

UP TO DATE THE HADZA DIET REMAINS MORE STABLE AND VARIED THAN THAT OF MOST OF THE WORLD'S CITIZENS. THEY ALSO ENJOY AN EXTRAORDINARY AMOUNT OF LEISURE TIME.

The chief reason the Hadza have been able to maintain their lifestyle so long is that their homeland has never been an inviting place. The soil is briny; fresh water is scarce; the bugs can be intolerable. For tens of thousands of years, it seems, no one else wanted to live here. So the Hadza were left alone. Recently, however, escalating population pressures have brought a flood of people into Hadza lands. The fact that the Hadza are such gentle stewards of the land has, in a way, hurt them—the region has generally been viewed by outsiders as empty and unused, a place sorely in need of development. The Hadza, who by nature are not a combative people, have almost always moved away rather than fight. But now there is nowhere to retreat.

There are currently cattle herders in the Hadza bush, and goat herders, and onion farmers, and corn growers, and sport hunters, and game poachers. Water holes are fouled by cow excrement. Vegetation is trampled beneath cattle's hooves. Brush is cleared to make way for crops; scarce water is used to irrigate them. Game animals have migrated to national parks, where the Hadza can't follow. Berry groves and trees that attract bees have been destroyed. Over the past century, the Hadza have lost exclusive possession of as much as 90 percent of their homeland.

None of the other ethnic groups living in the area—the Datoga, the Iraqw, the Isanzu, the Sukuma, the Iramba—are hunter-gatherers. They live in mud huts, often surrounded by livestock enclosures. Many of them look down on the Hadza and view them with a mix of pity and disgust: the untouchables of Tanzania. I once watched as a Datoga tribesman prevented several Hadza women from approaching a communal water hole until his cows had finished drinking.

Dirt roads are now carved into the edges of the Hadza bush. A paved road is within a four-day walk. From many high points there is decent cell phone reception. Most Hadza, including Onwas, have learned to speak some Swahili, in order to communicate with other groups. I was asked by a few of the younger Hadza hunters if I could give them a gun, to make it easier to harvest game. Onwas himself, though he's scarcely ventured beyond the periphery of the bush, senses that profound changes are coming. This does not appear to bother him. Onwas, as he repeatedly told me, doesn't worry about the future. He doesn't worry about anything. No Hadza I met, in fact, seemed prone to worry. It was a mind-set that astounded me, for the Hadza, to my way of thinking, have very legitimate worries. Will I eat tomorrow? Will something eat me tomorrow? Yet they live a remarkably present-tense existence.

This may be one reason farming has never appealed to the Hadza—growing crops requires planning; seeds are sown now for plants that won't be edible for months. Domestic animals must be fed and protected long before they're ready to butcher. To a Hadza, this makes no sense. Why grow food or rear animals when it's being done for you, naturally, in the bush? When they want berries, they walk to a berry shrub. When they desire baobab fruit, they visit a baobab tree. Honey waits for them in wild hives. And they keep their meat in the biggest storehouse in the world—their land. All that's required is a bit of stalking and a well-shot arrow.

There are other people, however, who do ponder the Hadza's future. Officials in the Tanzanian government, for starters. Tanzania is a future-oriented nation, anxious to merge into the slipstream of the global economy. Baboon-hunting bushmen is not an image many of the country's leaders wish to project. One minister has referred to the Hadza as backward. Tanzania's president, Jakaya Kikwete, has said that the Hadza "have to be transformed." The government wants them schooled and housed and set to work at proper jobs.

TO BE CONTINUED...



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FIVE MOST ROMANTIC animals by A&L

It can be noted that not only humans are the most romantic creatures on earth but also nature contains animals whose romantic behaviour can put humans to shame and amaze them for their bonding in life, singing and dancing for each other, holding hands are just some incredible things these wild lovers do.



DID YOU KNOW?

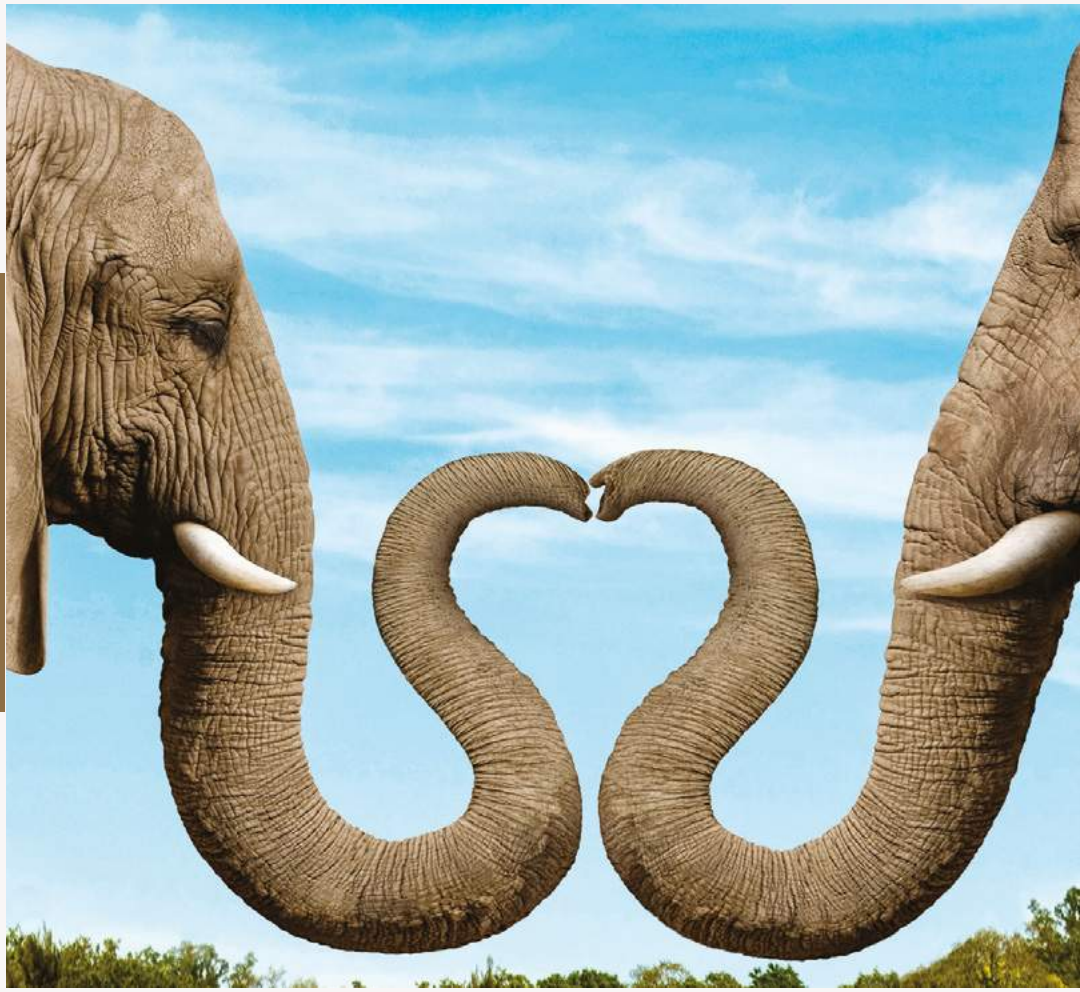


1. **BONOBO CHIMPS**

These animals share affection and other arrangements like cuddling kissing and hugging like any other human being do to one another, surprisingly the couples spend time as well in grooming each other. Bonobos are one of the rarest and fewest animals that engage themselves in face to face coitus.

2. **ELEPHANTS**

Have you been to Tarangire National Park to observe the largest herd of elephants walking together? These animals share Joy and sorrow in a very amazingly way, When elephants are in love, they entwine their trunks and often caress each other's back and head, particularly when they're sad. Such gentle peculiar giants of our time.





3. **LOVEBIRDS**

Of course lovebirds belong on this category, just look at their name. But what makes this specific parrot species so darn romantic that they are often given as wedding presents to symbolize the couple's lifelong commitment to one another? Like most birds, lovebirds are monogamous, but its their habit of sitting beside another and cuddling that has made them such a strong image of love. Their tight pairings led the ancient Greeks to believe the birds would die if they lost their mates.



4. **CROCODILES**

Yes, few people know about crocodiles being romantic, but they do have a romantic side as well. Bull gators approach the females and start showing off their dancing skills that includes rubbing her back, swimming in circles and making her feel special. Along with these, he also shows off his voice abilities by roaring, bellowing and making subsonic noise that is unique in the aquatic kingdom.





5. **BOWERNBIRDS**

Here comes the interior decorator of the animal kingdom. He knows the secret to a woman's heart, and he definitely knows how to win them by his creative tactics. He builds a bower comprising of two walls and decorates them with brightly colored objects that includes shells, flowers, stones, feathers, coins, glass and much more. The female bower wanders from nest to nest and picks out the one which catches her attention.

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